

Geshi Lharampa Tashi Gyatso

Venerable Geshi Lharampa Tashi Gyatso was born in Labrang, Tibet. He became a monk and attended Labrang monastery nearby his hometown. He finished all the philosophic classes including the five treatises of Buddhist Philosophy. He received the highest degree of Tibetan Buddhist Philosophy by H.H the Dalai Lama. He taught Buddhist philosophy at the Gomong monastery in South India and Ulan Bator, Mongolia for many years. Currently, he often travels, teaching wherever he goes. He is a well-known spiritual master with students spread around the globe. He is resident at the Four Noble Truths Center in Portland, Oregon. He teaches Buddhists and non-Buddhists alike to have a more compassionate life for self and sharing that compassion with others.



Dr. David L Carsten

David L. Carsten, DDS, MAGD, FACD, FADI. He holds a BS in Biochemistry from Washington State University, a DDS from the University of Washington, and a certificate in anesthesia from Lutheran Medical Center in New York City. He was recognized with the Award of Distinction in Continuing Education from the Academy of Dentistry International in 2005. He lectures and writes on many topics. His particular interests are the science and psychology of empathy, nutrition, pharmacology, and perception. He serves patients in the Spiritual Care Department at Salmon Creek Legacy Hospital in Vancouver, Washington and maintains a private mobile anesthesia practice. Dr. Carsten is not a Buddhist.



Learn how western science and Buddhist science converge from two engaging speakers.

Current Workshop Topics:

Empathy and Compassion:
Different Perspectives with the Same Goal

Mindfulness, Meditation, Working Memory,
and Health for the Mind and Body

Relief from Suffering for Medical
Professionals

Compassion for Parents

Contact:

**The Four Noble Truths
Tibetan Buddhist Center**

PO Box 87423

Vancouver, WA 98687,

United States

Phone: +1- 3606244284

Email: fournobletruthstbc@gmail.com